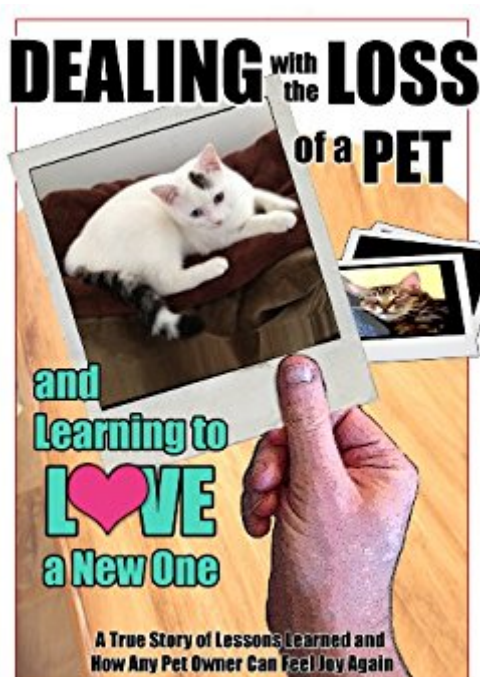


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Dealing With The Loss Of A Pet And Learning To Love A New One - A True Story Of Lessons Learned And How Any Pet Owner Can Feel Joy Again



Synopsis

Discover how to ease the pain of losing your pet, and learn to smile again. Happiness comes when a key lesson is applied to your life, and you can begin right away. There's no doubt about it. Suffering the loss of a pet can be one of the most traumatic moments you can ever experience. In answer to this, author Brandon Casteline takes readers on a clear path to love and joy again -- one designed to cut straight through the pain and deliver a true sense of closure. Casteline provides a unique pairing of literary styles in order to accomplish this. Part true story and part "how-to" advice, this book offers wisdom on dealing with the loss of a cat, the loss of a dog, or the passing of any other type of pet. Primarily a cat owner these days, the author includes warm and genuine guidance on the various challenges one might deal with when mourning their pet, backed by a detailed story of loss, grief, and how to find your way back to happiness -- all from someone who's faced and overcome these same challenges himself. Notable parts of the book include: an intimate look into the sadness and struggles the author faced as both a child and as an adult when a pet was lost; the author's personal method for overcoming the grief that inevitably followed each time a pet passed away; a full account of all the types of pets the owner has cared for over the course of his life; straightforward and honest detail regarding what it means to grieve the loss of a pet and learn to love a new one; a final "easy-to-follow" special lesson that will tie all of the ideas together and demonstrate how simple learning to love a new pet can really be. From the author's introduction: I made the decision to write this book after seeing that the things I've learned were truly helping friends of mine who recently lost a pet themselves. It is through their encouragement that I sat down in front of my computer and put into words some of the saddest and happiest experiences I've ever gone through. A thing I've noticed about most "how to" books on coping is that they always seem to be somewhat sterile and detached from the emotions of the issue at hand. But when it comes to losing a pet, there's no way around it -- The emotions are raw. They're real. And they matter in a way that words can never convey. So I decided that rather than writing a clinical book on the stages of mourning, or a breakdown of human coping skills and psychology, a better way of delivering my message would be to offer the valuable lessons I've learned -- and include them WITH my story of the wonderful pets I have lost and how I actually handled their passing. In other words, before offering any real advice, it would be my obligation to tell you what I've been through so that you can apply my experiences and find genuine comfort and relief in your own life. Ultimately, like the title says, this book has been written to offer a guiding light to you -- one, that when followed, is designed to lead you through the mourning process in as effective a way as I have ever experienced myself. May it bring you the same benefit.

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Customer Reviews

After searching for months on end for a book on pet loss that I could really connect with and find comfort in, I finally found my way to this wonderful volume. I honestly didn't know what to expect after reading the book's description, but I was very pleasantly surprised. Brandon Casteline offers a unique spin on coping with loss in a way that I haven't found in any other book in this category, and you can tell from the very first chapter that this definitely isn't a typical style of writing. Rather than being written by some doctor with the usual credentials, the author seems to be just an average guy who's been through life and wants to share what he's learned. Obviously focused on helping those who are dealing with the loss of a pet, the book uses an interesting approach you probably won't find in a standard "self-help" book. Instead of filling the entire book with advice, the author chooses to also include his own experiences as a pet owner, almost "hiding" the lessons throughout the book (especially in the later chapters). What I really enjoyed about this choice is that besides being a "non-boring" way of offering this material, he does make certain to clearly spell out the lesson before the book is complete, so the reader doesn't walk away without getting what they came for. I've never read anything by Casteline

before, but he definitely doesn't seem like an industry-standard author. This can be good or bad depending on what you're used to reading, and this style actually influenced what I liked AND didn't like about the book. Here are my thoughts on this: What I liked: -Compelling content. This book started slow, but picked up out of nowhere without me even realizing where it happened.

This book came at the perfect time for me, as I've really been working through the loss of my cat Flash very recently. Flash was a lot like the author's cat Mikey actually, and I don't think the author meant to do it, but it was almost like reading a story about my own cat that I didn't live through myself. The book follows the author's own experiences as a loving pet owner who suffered the losses of pets throughout his life, and slips in lessons on how to cope with these losses without the reader even realizing it half the time. Brandon Casteline ties everything up toward the end in what I think is his own way of making sure this "how-to" book actually includes the "how-to" part of things. The concept of this book seems to be about offering advice in a non-preachy way. At no point did I feel like I was being talked down to, which for me is tough to find in books that give advice. I searched for Brandon Casteline in the store after reading the book, and I think this is his very first book, so that's probably why he doesn't give off that "polished" kind of feel to his writing, although the introduction and conclusion are both more formal, leading me to believe that this mismatch of content style was definitely on purpose. For the most part, I really enjoyed this, but it was far from perfect. Another review mentioned that the book didn't pick up immediately, and I wholeheartedly agree with that judgment. But this book has so much going for it, I'm willing to overlook that one minor flaw. There's a real comforting feel to the book that I can only describe as "warm". But most importantly, the book delivers on its promise.

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